

Having type 1 or type 2 diabetes can mean you are also at risk for serious complications from the flu.

When you get your flu shot, you protect yourself and those around you.

My doctor just told me I have **diabetes.**

She also said, **“Get a flu shot!”**

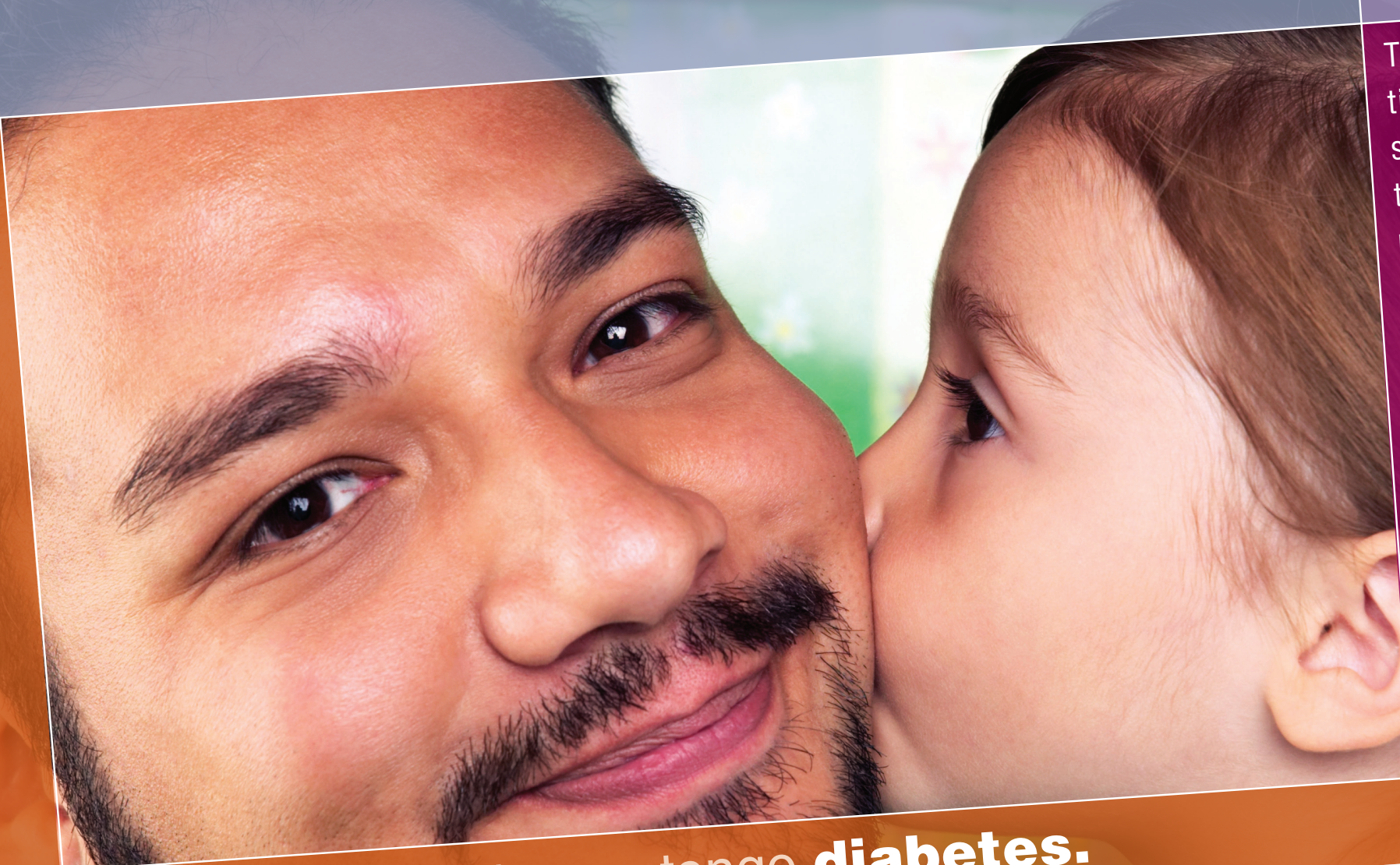
I heard her loud and clear. **I’ll get vaccinated.**

For more information, visit: <http://www.cdc.gov/flu>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

for office use



Tener tipo 1 o tipo 2 diabetes significa que tienes un mayor riesgo de complicaciones graves a causa de la influenza.

Cuando te vacuna contra la influenza, te proteges a ti mismo y a tus seres queridos.

Mi doctora me dijo que tengo **diabetes**.
Ella también me dijo que me **vacune contra la influenza**.
Yo la escuche bien claro. **Voy a vacunarme.**



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Para mas información visita: <http://www.flu.gov>